

ഭക്ഷണത്തിനു മുൻപ് ചൊല്ലേണ്ട ദുആ

بِسْمِ اللَّهِ وَعَلَى بَرَكَاتِهِ

In the name of Allah ﷻ and upon the blessings of Allah ﷻ.

(Al-Hisnul Haseen Pg. 141)

ഭക്ഷണത്തിനു മുൻപ് ദുആ മറന്നപോയെങ്കിൽ

بِسْمِ اللَّهِ أَوَّلَهُ وَآخِرَهُ

In the name of Allah ﷻ in the beginning and the end.

(Abu Dawood, Vol. 2, Pg. 173)

ഭക്ഷണത്തിനു ശേഷമുള്ള ദുആ

الْحَمْدُ لِلَّهِ الَّذِي أَطْعَمَنَا وَسَقَانَا وَجَعَلَنَا مِنَ
الْمُسْلِمِينَ

All praise be to Allah ﷻ who gave us food and drink and made us Muslims.

(Al-Hisnul Haseen Pg. 144)

Allah ﷻ becomes pleased when his slave praises Him after meals.